

ESSENTIAL OIL SAFETY

1. Check your animal's condition with your veterinary surgeon.
2. Never force an oil or its aroma onto an animal; it will offer no benefit. An unpleasant experience with the oils will make the animal more suspicious of other aromas offered, resulting in problems assessing which oils are needed.
3. Check for correct dilutions.
4. Make sure that you have read up on the oils before offering them to your animal.
5. Hold the bottle firmly so that the hand covers most of the bottle. This will prevent the animal snatching the bottle and swallowing it, which has been known to happen.
6. Make sure that the undiluted oil does not touch the sensitive nostrils especially with oils that are irritants, such as garlic and lemon.
7. If no positive results have been noticed within 2 weeks, stop the oils and consult your vet or an animal essential oil specialist. It may be that you have not selected appropriate oils, or read the animals response correctly, or that your animal would be suited to another form of healing such as homeopathy.
8. As with most natural remedies, the detoxifying process can exacerbate the initial symptoms; this can last for several days. If an adverse reaction appears, decrease the dosage or frequency or stop until it clears. Consult an animal essential oil specialist or veterinary surgeon.
9. Avoid the eyes and genital areas, other than with sandalwood in dilution.
10. Do not give a full body massage with the oils unless applied in a shampoo and washed off.
11. Do not use as an inhalation strapped onto the animal without continued supervision. Maximum 1-2 minutes.
12. Do not apply the essential oils in a base oil to the nostrils or areas where the skin is exposed to strong sunlight, otherwise sunburn may occur.
13. Make sure that the oil is not phototoxic before applying it in bright sunlight. Check in the Essential Oil Profiles.
14. Do not use base oils on irritated skin.
15. Caution. Mares in foal.
16. Do not put bottles on ledges in the stable for the following reasons:
 - The horse may get hold of them while your back is turned.
 - It is easy to forget them so again there is danger of the horse ingesting the bottle.
 - They may fall and break.
17. Exercise extreme caution when using essential oils while the animal is on medication. If in doubt, contact your vet and a reputable essential oil specialist, or wait until the animal has finished its medication.

**Respect all essential oils as you would over the counter medications.
Keep them out of the reach of children.**