

Essential Safety Report Form

Due to the steady increase in the number of NAHA members and general public asking for guidance following a negative reaction to the unsafe use of essential oils, the NAHA Safety Committee has begun collecting solid data on personal injuries using essential oils neat or in massive doses (e.g. 50-100 mls).

Most of these questions are in regard to the growing practice of using high volumes of undiluted and known irritant/sensitizing essential oils, applied to the body, particularly along the spine. The recipient is not informed about the potential for discomfort and other side effects, and that this is not considered safe practice among the professional Aromatherapy community of practitioners.

In addition, this undiluted application is being done in spite of the lack of liability or premise insurance coverage. Since most insurance companies will not cover injury due to the use of undiluted oils, legitimate establishments and businesses should consider the risk when allowing treatment with undiluted essential oils to be done on their premises.

NAHA is making a formal collection of these stories via the **Essential Safety Report Form**. Through the sharing of personal testimonials there will be more information made available to directly inform the public regarding what happens to those that are injured and how to prevent this from occurring.

We ask that you please take the time to fill out the **Essential Oil Safety Report Form** if you have been (or anyone you know has been) injured by the use of essential oils applied to the skin undiluted, or if you had a reaction after a massive dose of essential oils were given or taken in any form, either through your own use or someone putting them on you with or without payment.** Please don't fill out this form if you have used them on yourself and others and never had a problem. That is not the issue here. That data is published elsewhere. We will only accept information here on the adverse effects.

Thank you for your cooperation in this issue. We will continue to do all that is necessary to keep aromatherapy safe.

**NAHA has also received inquiries about essential oils being used on animals that have experienced a negative reaction. Unfortunately the animals cannot speak for themselves and convey their pain. Please use this same form to submit any data pertaining to your pets so the dangers concerning essential oils and animals can be brought to light.

Essential Oil Safety Report Form (Please fill in all spaces of this form, incomplete forms will be returned to sender for resubmission. In order to validate the information submitted you may be contacted by NAHA.) If printing out the WORD Doc. Format to mail in, please be sure to print clearly and feel free to use extra pages if you need to need more space for additional details. Include your name on each individual page.

NAHA Member: Yes: _____ No: _____ Date Submitted: _____

Full Name _____

Address _____

City: _____ State: _____ Zip: _____

Phone: _____ 2nd Phone: _____

Email: _____

Best way/time to contact you: _____

Were the Essential Oils used on a human? If so, state gender and age if known

Were the Essential Oils used on an animal? If so, state breed and age if known (see below)

What Essential Oils were used: (list all individual oils and blends inc. botanical name if known)

How were they used, (oral ingestion, topically, bath, diffusion etc.)

Were the essential oils diluted or used undiluted (neat application) (and then diluted):

What was the percentage of essential oil used: (how many drops, ounces etc. if known):

How many applications: _____

Essential Oil Brand used (if know): _____

Was the oil over 6 months old: _____

What was the experience during (symptoms, general feelings of discomfort, adverse reactions): _____

What was the experience immediately afterwards:

What was the experience sometime later (list how much time/days passed):

Describe if any; medical intervention (blood tests, other tests, etc) (include name of hospital, clinic, doctor, date of exam/tests):

What type of essential oil session did you receive (Massage, Nursing, Spa etc.):

Where did the essential oil session take place: (Spa, Massage Center, Hospital, Home etc.):

City and State Contact information phone number and email/website of the facility-practitioner:

Name of person who administered the essential oil session: (if available):

Dates of essential oil application/s:

If you are submitting data about your pet's essential oil negative reaction please include:

Pet's name: _____ **Breed:** _____

Male/Female _____ **Age:** _____ **Health condition prior:** _____

Please use the above intake form to list how the essential oils or products were applied to the animal and what were the essential oils being used for and what was the reaction etc. You can use the Personal Testimonial Space to share more details.

By submitting this data either via website, electronically, hand-written or in a typed document/disc to NAHA you hereby give NAHA permission to share this information with NAHA Board Members, NAHA Safety Committee, NAHA Members and for publication on the NAHA website, Aromatherapy Journals, Newsletters and as an educational awareness tool to help others. Any additional submissions or documentation including photos please include your full name and contact information.

Please sign your full name and then initial. (if submitting online your typed name and initials will act as your signature/waiver)

_____ initial _____ date _____

Mail Form/Testimonial to: NAHA 3327 W. Indian Trail Road PMB 144 Spokane, WA 99208

Personal Testimonial Page: (Please use this space for additional details that you would like to share).

Full Name_____

Date:_____ Phone:_____ Email:_____

Personal Testimonial Sharing: