



**National Association for Holistic Aromatherapy**  
3327 W. Indian Trail Rd. #144 Spokane, WA 99208  
Ph: 509.325.3419 Fax: 509.325.3479  
www.naha.org info@naha.org

## C.A.S.E. APPLICATION

This application may be mailed, emailed or faxed to  
The National Association for Holistic Aromatherapy Administrative Office for processing.

### Application process for prospective and renewing N.A.H.A. Approved Schools

School/Educator Name: \_\_\_\_\_

Contact Person: \_\_\_\_\_

Phone \_\_\_\_\_ Fax: \_\_\_\_\_ E-mail: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Country: \_\_\_\_\_

Website: \_\_\_\_\_

Email: \_\_\_\_\_

**Please provide a complete bio of yourself and your school below or included in your application.**



**National Association for Holistic Aromatherapy**  
 3327 W. Indian Trail Rd. #144 Spokane, WA 99208  
 Ph: 509.325.3419 Fax: 509.325.3479  
 www.naha.org info@naha.org

**This application may be mailed, emailed or faxed to  
 The National Association for Holistic Aromatherapy Administrative Office for processing.**

**Application process for prospective and renewing N.A.H.A. Approved Schools**

**Application fee**

All schools that decide to voluntarily comply with NAHA standards shall be listed in the NAHA Approved Schools section of Aromatherapy Courses. This includes Level One and Level Two Educators and Schools. If your school is not approved there is a \$50 non-refundable administrative processing fee. Any and all materials sent in with any application will not be returned. Each School location must apply separately and pay all applicable fees in order to be listed.

The annual fee for each school listing shall be \$350\*. There is a separate fee for the Director/Primary Educator for each school/school location along with any and all additional Instructors. The fee is based on the current listing as a Professional Member of NAHA. Please submit payment for your school application along with your Professional membership application(s) along with this form. (If you are currently a NAHA Professional Member in good standing, please indicate so by checking the box below, an additional application is not required unless you are adding an Instructor.

**C.A.S.E. PAYMENT**

Name: \_\_\_\_\_

MC/Visa/American Express # \_\_\_\_\_

Expiration: \_\_\_\_\_

\_\_\_\_\_ V-Code (last 3 or 4 numbers on the back of card after account number, except AmEx)

Signature: \_\_\_\_\_

I am currently an active NAHA Professional Member

or Send Checks/Money Orders\* payable to: NAHA

\*Drafts issued in \$USD only

**Please send full application and other pertinent information with payment to:**

NAHA  
 3327 West Indian Trail Rd. #144  
 Spokane, WA 99208  
 or fax to: 509.325.3479



**National Association for Holistic Aromatherapy**

3327 W. Indian Trail Rd. #144 Spokane, WA 99208

Ph: 509.325.3419 Fax: 509.325.3479

www.naha.org info@naha.org

**This application may be mailed, emailed or faxed to  
The National Association for Holistic Aromatherapy Administrative Office for processing.**

**This page to be completed by prospective applicants only.**

## **AGREEMENT TO C.A.S.E. STANDARDS**

### **Personal agreement with NAHA's Council for Aromatherapy Schools and Educators**

I, \_\_\_\_\_, do hereby voluntarily choose to comply with the National Association for Holistic Aromatherapy Council of Aromatherapy Schools and Educator's Core curriculum requirements as outlined in the CASE Approved Standards for Professional Aromatherapy education document.

I pledge that I will conduct all training management and instruction according to the highest standards of professional conduct as described and outlined in the NAHA Code of Professional Ethics. As an aromatherapy educator and/or director of the above school, I recognize that I am responsible for the management and instruction of courses covered in the Approved Standards for Professional Aromatherapy education document.

I understand and agree that the National Association for Holistic Aromatherapy and its affiliates assume no responsibility for my actions and activities as a voluntary educator/school in compliance with NAHA standards. I hereby release NAHA from any and all liability for any events relating to my management, teaching or practice of Aromatherapy.

Printed name:

---

Signature:

---

Date:

---



**National Association for Holistic Aromatherapy**  
3327 W. Indian Trail Rd. #144 Spokane, WA 99208  
Ph: 509.325.3419 Fax: 509.325.3479  
www.naha.org info@naha.org

**This application may be mailed, emailed or faxed to  
The National Association for Holistic Aromatherapy Administrative Office for processing.**

**This page to be completed by prospective applicants UNLESS  
You are renewing AND your approved curriculum AND/OR Offerings have changed.**

## **EDUCATION OFFERINGS**

Please include all School documentation with this application including: brochures, business licensing info and other relevant documents. To expedite your application process you may fax or email your initial application with all pertinent information along with your qualifying documents to comply with an approved NAHA Professional Membership Application.

### **1. Course titles:**

**Title:**

**Hours of training:**



**National Association for Holistic Aromatherapy**

3327 W. Indian Trail Rd. #144 Spokane, WA 99208

Ph: 509.325.3419 Fax: 509.325.3479

www.naha.org info@naha.org

**This application may be mailed, emailed or faxed to  
The National Association for Holistic Aromatherapy Administrative Office for processing.**

---

## **BENEFITS**

The National Association for Holistic Aromatherapy is an educational, nonprofit 501 (c) (3) membership organization dedicated to enhancing public awareness of the benefits of true aromatherapy. NAHA is actively involved in promoting and elevating academic standards in aromatherapy education and practice for the profession. NAHA is also actively involved in furthering the public's perception and knowledge of true aromatherapy and its safe and effective application in everyday life.

### **CASE BENEFITS**

This is an exceptional opportunity to promote your school and courses to prospective students within the holistic healthcare community and beyond. By joining the National Association for Holistic Aromatherapy as a school or independent educator you will enjoy a number of benefits.

Included with your CASE approval:

- Maintain pro-active relationships with existing students
- Recruit new students
- Demonstrate a commitment to quality in aromatherapy education
- Increase name recognition
- Listing in CASE Online Directory -
- Free link to your web site from NAHA official website
- Discount to all NAHA Conferences and Trade shows
- Participation in NAHA's Council for Aromatherapy Schools and Educators (CASE)
- Provide Insurance to your students who shall begin a practice in aromatherapy
- Enjoy low cost insurance for your work as an educator
- Professional Category Membership Discount for multiple instructors
- Discounts on Advertisements in NAHA Aromatherapy Journal and website
- Online Registration for receiving the NAHA E-Newsletter for your school and students
- Subscription to NAHA Aromatherapy Journal and NAHA Brochures



**National Association for Holistic Aromatherapy**

3327 W. Indian Trail Rd. #144 Spokane, WA 99208

Ph: 509.325.3419 Fax: 509.325.3479

www.naha.org info@naha.org

**This application may be mailed, emailed or faxed to  
The National Association for Holistic Aromatherapy Administrative Office for processing.**

## **APPROVED AROMATHERAPY EDUCATION STANDARDS**

### **Approved Standards for Professional Aromatherapy Education**

#### Level Two: Professional Aromatherapy Certification

#### **1. Required Standards of Education/Training**

- 1.1 Schools and Educators wishing to comply with NAHA's Standards of Aromatherapy Training must provide a minimum of two hundred (200) hours of training and practical tuition in the fields of aromatherapy & essential oil studies and anatomy & physiology.
- 1.2 According to the standards approved and adopted by the Council, Aromatherapy and Essential oil studies should comprise of the following core curriculum requirements:
  - History and Modern Development
  - The basics of botany (specifically taxonomy)
  - Properties of essential oils within a holistic and clinical framework
  - Methods of extraction
  - Organic chemistry
  - Carrier oils
  - Blending techniques
  - Methods of application
  - Safety and Aromatherapy
  - Consultation and treatment program design
  - The basics of business development
  - Legal and ethical issues
- 1.3 According to the standards approved and adopted by the Council, Anatomy & Physiology training should include:
  - The following systems to be covered in depth: the respiratory system, the Integumentary system and the olfactory process.
  - Basic anatomy and physiology of the following systems: the reproductive, circulatory, nervous, endocrine, lymphatic/immune, urinary, musculoskeletal and digestive.
  - Graduating students should be knowledgeable in the structure and function of all the major systems of the human body, together with the clinical science of at least five (5) common ailments of each.
  - Students entering an aromatherapy program with a degree in health related fields (e.g. nurses, massage therapists, doctors) may test out or be exempt from the anatomy and physiology section only in relation to that part of the training which goes over the structure and function of each system. Pre-existing health professionals are still required to complete training in the application of



**National Association for Holistic Aromatherapy**

3327 W. Indian Trail Rd. #144 Spokane, WA 99208

Ph: 509.325.3419 Fax: 509.325.3479

www.naha.org info@naha.org

**This application may be mailed, emailed or faxed to  
The National Association for Holistic Aromatherapy Administrative Office for processing.**

---

essential oils to each system and the effect of essential oils on a variety of common ailments.

• Any exemption of the anatomy and physiology portion of training should only be allowed when the request for exemption is fully supported by relevant documentation.

**2. Required elements for student graduation based upon approved standards in aromatherapy education**

- 2.1.1 Student must complete a 5-10 page research paper.
- 2.1.2 Student must complete a minimum of 10 case histories.
- 2.1.3 Student must sit and pass examination offered by school.

**Level One – Foundations Aromatherapy 30 hours**

**Curriculum:**

Introduction to Aromahistory—focus on ancient cultures  
Profiles of 10-20 essential oils  
Production and Quality of Essential Oils  
Basic Physiology—methods of absorption, general overview of limbic system, lymphatic system, immune system, and skin  
How oils interact on physical and emotional levels  
Basic aromachemistry with contraindications of certain oils  
How to create a blend, carrier oils, and various methods of application

**ESSENTIAL OILS FOR LEVEL ONE**

Cananga odorata  
Anthemis nobilis  
Citrus limon  
Citrus sinensis  
Eucalyptus globulus  
Lavandula angustifolia  
Melaleuca alternifolia  
Mentha x piperita  
Pelargonium graveolens  
Rosa damascena  
Rosmarinus officinale  
Salvia sclarea

In addition to the above 12 essential oils listed, 8 more may be chosen by the teacher.